



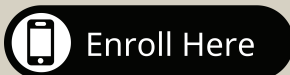
Retirement Reimagined: Purpose, Community Involvement and Social Impact Workshop



Barbara Kreisman, PhD and **Scott McLagan**, are former DU professors who recently completed a fellowship at the University of Chicago focusing on guiding people through life transitions. They both serve on the board of advisors and teach at the Knoebel Institute for Healthy Aging. Their experience makes them valuable guides for those navigating retirement.

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Class meets in person on the University of Denver campus.

Two In-Person Workshops | \$495
Sat., Apr. 26, May 3, 2025, 9 am-12 pm MT

Retirement marks the beginning of a new journey—one filled with endless possibilities for growth, fulfillment and meaningful contribution. Yet, this transition can also feel daunting as you navigate the process of redefining your identity and life's purpose. This engaging workshop is designed to help you uncover your passions, align your values with your new lifestyle, and explore meaningful ways to give back to your community.

Husband-and-wife team and retired DU professors Scott McLagan and Barbara Kreisman will lead you through interactive discussions and guided exercises. You'll gain insights into how your interests, hobbies and lifelong dreams can shape a retirement that is both personally fulfilling and socially impactful.

Additionally, they will guide you in exploring high-leverage opportunities for community engagement and social impact. Learn how to channel your unique skills and experiences into causes that matter—whether through volunteering, nonprofit leadership, or grassroots initiatives. Discover how to create a lasting legacy of service while forging meaningful connections.

Whether you're seeking personal fulfillment, looking to contribute your expertise, or hoping to leave a positive mark on your community, this workshop offers the tools and guidance to help you navigate this exciting phase of life with confidence and purpose.

Join us and reimagine your retirement as a time of purposeful living, giving and connection!

